The Frankford Gazette





Health Partners Plans

www.FrankfordGazette.com

Vol. IX, Issue 8—March/April 2019

Welcome Spring



If you think you're over this cold weather, just ask these kids.

Councilwoman **Maria Quiñones-Sánchez** broke ground along with these kids for the Simpson project to rebuild the Tiny Tots area on March 26th. This is a \$300,000 project and similar projects are scheduled to begin at Deni Playground and Carmella Recreation Center shortly.

Photos from Facebook

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Frankford Friends Head of School for the Day

March 22nd was a big day for **Ishan Stanley** at Frankford Friends School as he took over as Head of School for the day. He made some important connections with the community, read to the PreK class, handed out the week's eggs, monitored the school buses, met with the finance and development directors, and held a strategic administrative meeting in which the following important decisions were made:

- An all-school pajama day on Monday
- A jeans day for teachers on Friday
- A new plan for keeping track of the items in the lost and found bin

Thanks to **Kathryn Park Cook**, Head of School for the tip on the story. She returned to her previous duties when Ishan was finished for the day.



Ishan with administrative assistant Liz Torres about to begin his duties.



Ishan with Business Manager Bethann DiGiovanni counting money from those who signed up for the school's Roller Skating event



He is handing out eggs from the school chickens. Each of the students get to take home eggs at least once a year.



Ishan reading to the Pre K class.

Everyday in Frankford



Angel flies on his skateboard during an evening riding session in Frankford. I originally met Angel at Whitehall skate park over a year ago. He invited me on a tour of some of his favorite locations outside of the park, while putting his skills to the test.

Photo Credit: Chris Baker Evens.





Frankford CDC's offices have reopened at 4667 Paul Street.

As you may remember, Frankford CDC and NAC staff temporarily relocated in October due to a fire on the 4600 block of Paul Street. We are now back in the Daral Building! Frankford NAC and resident services are located on the first floor, and Frankford CDC and corridor managers are on the second floor.



PLEASE JOIN US

PETER BRESSI NORTHEAST SENIOR CENTER 4744 FRANKFORD AVENUE PHILA PA 19124

Walk With Ease

Arthritis
Foundation

Experience the Walk With Ease Program

Arthritis Foundation Certified. Doctor Recommended



"When I started the program, I
was afraid to walk very far
because of my knee pain. But
Walk With Ease helped me
start slow and build up
gradually. Now I am confident
in my ability to walk easily
without making my arthritis
worse."

- Walk With Ease participant

The Arthritis Foundation Walk With Ease Program is an exercise program that can reduce pain and improve overall health. If you can be on your feet for 10 minutes without increased pain, you can have success with Walk with Ease.

Benefits to You

Walk With Ease will help you:

- Motivate yourself to get in great shape
- Walk safely and comfortably
- Improve your flexibility, strength and staming
- Reduce pain and feel great





Walk with Ease Program

Tuesday April 30 Thursday May 2

Tuesday May 7

Tuesday May 14
Tuesday May 21
Tuesday May 23
Tuesday May 28
Tuesday June 4
MAKE UP DAYS:

Tuesday June 11 Thursday June 13

For Further Information Contact Blair Jordan (215)831-2931}





PLEASE COME JOIN US AT OUR COMMUNITY EVENT WHERE WE AIM TO GIVE BACK TO THE MARSHALL COMMUNITY

Come out for fun and entertainment as well valuable resources and information from:

*Turning Point for Children

*Frankford high school drumline

*Eat Right Now Produce truck

*Face painting for children

*Free Library of Philadelphia

*Fatherhood Initiatives *Light refreshments Plus Many More!

Saturday April 13th 12:00 pm to 4:00pm John Marshall School



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Veteran of the Month—Larry D. Fowler

Larry Fowler was born in Philadelphia in 1955 and graduated from John Bartram High School in 1972. He enjoyed gymnastics and track in high school, but he wanted to be a marine and so enlisted in the United State Marine Corps shortly after graduation. After basic training at Parris Island, South Carolina, he served in Vietnam and was honorably discharged in 1974.



He attended the Community College of Philadelphia and has mainly worked in community and social services.

Larry lives with his loving wife Rhodie on Fillmore Street in Northwood. Together they have three grown

sons and one beautiful granddaughter. He has been active in the Lutheran Church and at present is a member of the Northeast Liberty Lutheran Church in Frankford which is a small growing congregation.

Larry sees his life as one of service to God, country and community. At present, he serves with Point Man International Ministries which is an organization serving vet-

eran's spiritual and earthly needs.

Larry is very modest about his achievements, but he says "It all comes from almighty God. I chose him. I have always been a soldier, but now I serve in the army of the Lord.

Larry D. Fowler, thank you for your service.

Balboa Catering Moving to Frankford

Alex and Jocelyn Garfinkel are moving their business, Balboa Catering, to 4345 Orchard Street in the American Silk Building in Frankford. The building has undergone major renovations to accommodate seating for 60, with plenty of off-street parking and is set to continue their tradition of fine dining.

Executive Chef Alex Garfinkel is a graduate of the Restaurant School at Walnut Hill and has spent the last decade honing his craft at various eateries including Le Bec Fin, Lacroix, Morimoto, and Amada.

Jocelyn Garfinkel attended the California Culinary Academy in San Francisco and worked in some of Manhattan's best restaurants such as Tribeca Grill and Park Ave Café. However, she realized her true calling was in food, but not cooking and now manages the front of the house in the catering operation.

In addition to their catering, Balboa has become well known for their Supper Clubs, which are pop up dinners held at various locations in the area. To learn more about Balboa Catering, go to their web page at

www.balboacatering.com

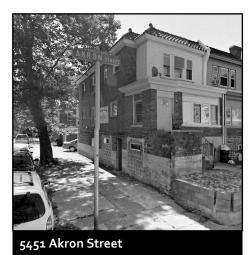


Frankford NAC Continues Cases

By Christine DeJesus

At the Frankford NAC zoning meeting held on March 14th, all cases were continued.

5451 Akron Street - Variance for a hair salon on the 1st floor with a single family dwelling on the 2nd - Continued. The tenant was present; however, the owner did

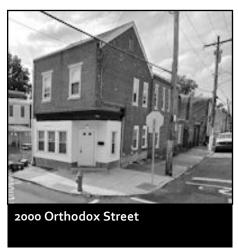


not show.

ization of a duplex - Continued. Applicant failed to attend. failed to submit professional blueprints.



2000 Orthodox Street - PERMIT FOR A TWO (2) FAMILY DWELLING IN AN EX-1804 Orthodox Street - Variance for the legal- ISTING STRUCTURE. Continued. Applicant



The next meetings of the Frankford NAC zoning group will be held on April 11th and May 9th at 7 PM at the Second Baptist Church at 1801 Meadow Street.

Community Happenings

15th District PSA1 Meeting

By Patrick Hodynski

See Something, **Say Something**

The PSA1 meeting at Frankford Jefferson on Thursday, March 21st had some neighbors come out to hear from 15th District Commander John Walker and area Lt. John Venit discuss the PPD's efforts in our area

With the exception of Aggravated Assault, Violent Crimes are down. Narcotics Task Force "SURGE" patrols have been effective, but property crimes are on the rise due mostly to the market for catalytic converters.

There are still some issues but all are asked to report any Activity to the proper authorities, PHILLY311 for L & I issues and other City Agencies, or Email the Lt. or 15th District Community Relations Officer

for Crime related.

PPD.15 PSA1@phila.gov

Also, the PPD will be arranging another Civilian Police Academy class, come out and see the How & Why of Police Service in Philadelphia.

The next 15th District PSA1 meeting will be held on April 18th at 7 PM at Jefferson Frankford Hospital, 4900 Frankford Ave-

Coming to the Historical Society

By Joe Taylor

About 50 people turned out at The Historical Society of Frankford for the first program of 2019 on March 12th. Jim Young gave a slide show presentation on Trolleys, from Horse-drawn, steampowered to Electric Trolleys. He Also showed early pictures of the El being constructed. It was a great presentation.



Coming up on April 9th, Philadelphia Mansions- Stories and Characters Behind the Walls by Thom Nickels The Grandeur of Philadelphia's Past Revealed- Philadelphia's grand mansions and architectural treasures reflect its status in American history. For each Greek Revival home and Corinthian column lies a compelling story of the people behind them. Author Thom Nickels presents the cities most iconic homes and the stories behind them.

YOU'RE INVITED TO STATE REPRESENTATIVE JOE HOHENSTEIN'S

JOB FAIR

AT VOGT RECREATION CENTER
4131 UNRUH AVE, PHILADELPHIA, PA 19135

FRIDAY, APRIL 26TH | 11AM-3PM







MEET REPRESENTATIVES FROM LOCAL BUSINESSES, PA CAREER LINK, CITY & STATE GOVERNMENT, UNIONS AND RECRUITERS.

State Representative Joseph C. Hohenstein · 177th Legislative District · ⑤ ⑥ ② @rephohenstein District Office: 4725 Richmond Street, Philadelphia, PA 19137 · (215) 744-2600 Capitol Office: 121 A East Wing, PO Box 202177, Harrisburg, PA 17120-2177 · (717) 783-4087 Stay connected. Go to www.pahouse.com/hohenstein to sign up for our newsletter.

St. Thomas United Methodist Church

4701 Tackawanna street Rev. Carlos M. Carrero, Sr. Sunday morning bible school 10 AM Morning worship 11 AM 215 744-2738

Word of Faith Evangelistic Church

Pastor Siretta Humphrey Bishopn Stephen Humphrey 1400 Orthodox Street 267-248-0017

Weekly Services: Sundays, Praise & Worship Services 11am Wednesdays, Pray & Bible Study

Have a Good Day

Can somebody tell me what happened to thank you, please, and have a good day?

This can't be like snowflakes and just melt away, this is a tradition we must hold on to each and everyday.

Stop and think how thoughtful it would be to brighten someone's day, with just a simple smile, and a thank you, and have a good day.

This may be the only thing they need to get them through today, a smile, a thank you, and have a good day.

We must understand that "thank you" can go a long way, to brighten your journey as you travel on your way.

BY LENNY JAYNES



Donovan Williams Memorial Foundation Presents

Stop The Violence Basketball Tournament on June 8, 2019

Gambrel Recreation Center on 3 courts
Brooklyn, Baltimore, Delaware, North Philly all coming
10U...13U....15U.....17U
Looking for more teams
Contact Nashid Edwards on Facebook

About the Frankford Gazette

Keep the Faith in Frankford publishes the Frankford Gazette. This is a print edition of some of the articles available online. We cover the Frankford neighborhood in Philadelphia. Go to www.frankfordgazette.com to get full details.

Editor: Bob Smiley; Associate Editor: Pat Smiley, Veterans Affairs: Richard W. Johnson, IT Director: Jim Smiley, Printing by Health Partners Plans.

You can receive Frankford/Northwood news and event information by text message sent directly to your cell phone. Text the word JOIN to sms+659@telefio.com.

Interested in writing for Frankford's community newspaper? Email contrib@frankfordgazette.com or call (215) 847-5506. Want your event on the community calendar? Email events@frankfordgazette.com or call (215) 847-5506 Publication date is the 20th of each month. Events and ads are due by the 14th.

Distribution locations: Frankford CDC - 4667 Paul St., S&A Dry Cleaner - 4935 Frankford Ave., Rep. Dawkin's Office - 4667 Paul Street, PA Auto Insurance Outlet - 4901 Frankford Ave., Lee Brothers Deli - Harrison St. & Frankford Ave., Lowi's Market - 4801 Frankford Ave., Peter Bressi N.E. Senior Center - 4744-46 Frankford Ave, Taha Barber Shop - 4665 Frankford Ave., Meadow House - 4649 Paul Street, Frankford Library - 4634 Frankford Ave, Frankford Ave, Frankford Friends School, Northwood Academy Charter School, Marshall School, Gambrel Recreation Center, McIlvain Recreation Center, Simpson Recreation Center, Boys and Girls Club, Great Awakenings Cafe - 1466 East Cheltenham Ave. Campbell AME Church 1657 Kinsey St., St. Marks Church 4442 Frankford Ave., 2nd Baptist Church 1801 Meadow St., All Star Kids Learning Factory 4654 Frankford Ave., Sen. Tartaglione Office 1061 Bridge St., American Legion POST 224 2006 Orthodox St.

Coming Up in Frankford

Neighborhood Advisory Committee Meeting - Thu, April 11, 7 pm, Second Baptist Church of Frankford, 1801 Meadow St.

Party for Seniors - Fri, April 12, 10:30 am – 1:30 pm, Peter Bressi Northeast Senior Center, 4744 Frankford Ave.-JOIN US FOR A DAY OF FREE ENTERTAINMENT, RAFFLES, GAMES, AND OTHER SPRING THEMED ACTIVITIES STARTING AT 10:30am. IF YOU ARE A SENIOR CITIZEN VISITING FOR THE FIRST TIME, YOU ARE WELCOME TO COME AT 9:30 am FOR A TOUR.

Recovery Café - Fri, April 12, 7 pm – 9 pm, St Mark's Church Frankford, 4442 Frankford Ave.

Spring Community Day at Marshall School - Sat, April 13, 12 pm – 4 pm, John Marshall Elementary School, 4500 Griscom St. - Come out for fun, information and entertainment, and light refreshments.

Community Meeting - Mon, April 15, 6:30 pm, Simpson Recreation Center, 1010 Arrott St. - An information meeting about what new program will be going into the Frankford Northwood Y building on Leiper Street

Northwood Civic Association Meeting - Tue, April 16, 7 pm, Simpson. Recreation Center, 1010 Arrott St.

15th Police District PSA1 Meeting - Thu, April 18, 7 pm, Jefferson Frankford Hospital, 4900 Frankford Ave.

Police District Advisory Community Meeting - Mon, April 22, 7 pm, 2900 St Vincent St.

Frankford Garden Club - Wed, April 24, 6:30pm, Wissinoming Recreation Center, Cheltenham Avenue Arbor Day Celebration - Fri, April 26, 10 am - 1 pm, Overington Park, 1344 Orthodox St. - Overington Park has been chosen by the city to host Arbor Day Celebration

Produce Stand - Wed, May 1, 8 am – 9 am, John Marshall Elementary School, 4500 Griscom St. - Fresh Fruit and vegetables for up to 50% of grocery store prices, every first Wednesday, outside the main entrance to Marshall School. September 3rd 2018 to May 1, 2019.

Frankford Civic Association Meeting - Thu, May 2, 7 pm, St Mark's Church Frankford, 4442 Frankford Avenue.

Spring 2019 Yard Tree Giveaway - Sat, May 4, 10 am - 1 pm, Womrath Park, Womrath Street and Kensington Avenue, - The spring giveaway will take place on Saturday, May 4th from 10-1 at Womrath Park, and registration is now open for the 50 trees (including fruit trees!) that will be given away in Frankford. Folks can register by giving Ellie Vamos a call at 215-743-6580 or using the online form: http://bit.ly/FkdTree

Grand Army of the Republic Museum Open House - Sun, May 5, 12:00 pm – 3:30 pm, 4278 Griscom Street - Presentation at 1:30 PM: HISTORIAN and NOTED AUTHOR PAUL KAHAN, THE PRESIDENCY OF ULYSSES S. GRANT

Friends of Overington Park - Tue, May 7, 7 pm - 8 pm, Friends Meeting House, 1500 Orthodox Street

Neighborhood Advisory Committee Meeting - Thu, May 9th, 7 pm, Second Baptist Church of Frankford, 1801 Meadow St.

Historical Society of Frankford - Tue, May 14, 7:30 pm – 9:00 pm, Historical Society of Frankford, 1507 Orthodox Street - Program to be announced at a future time

Love Your Park and Perennial Plant Sale - Sat, May 18, 10 am - 1 pm, Overington Park, 1344 Orthodox St

Spring programming at Frankford Library

School Age

Block Building and Lego Playtime

Wooden Block Party and Lego free play time at the library. Every 2nd Monday of the month at 5:00 p.m. Apr 10, May 8

Wii Wednesdays with Mr. Vince

Play Wii and other games at the library. Every 4th Wednesday of the month at 4:30 p.m. Apr 24, May 22

Teens and Adults Frankford Fitness

Exercise with Frankford Staff 1st Monday of the month at 5:30 pm Apr 1, May 6

Teen Third Thursdays

Come have fun doing various activities and games. Snacks provided. Teens Only Every 3rd Thursday of the month at 4:30 pm. Apr 18, May 6

Email Basics

Create an email, upload attachments and learn how to navigate your email with our Digital Resource Specialist. Every Tuesday at 12pm

Apr 2, 9, 16, 23, 30; May 7, 14, 21, 28

Resume Help

Create and edit your resume with our Digital Resource Specialist. Every Thursday at 12 pm Apr 18, 25; May 2, 16, 23, 30

LaBae Daniels

Branch Manager & Adult/Teen Librarian Frankford Neighborhood Library 4634 Frankford Avenue

Phone: 215-685-1473Email: danielsl@freelibrary.org

Services at St. Mark's Episcopal Church

4442 Frankford Ave.

10:30 AM Main WORSHIP SERVICE

Northeast Baptist Church 4744 Tackawanna Street

Service at 11:00 AM Sunday

Padre Pio Prayer Center

Chapel corner of Griscom and Church Sts. Mass 730 AM Tues, Wed, Thurs Mass: 700 PM Monday and Wednesday Mass: Saturday 800 AM (Spanish)

Chapel open for private prayer Monday through Friday from 7 to 9 PM

Campbell AME Church

1657 Kinsey Street Church Office: 215-288-2748 Email: campbella.m.e.frankford@gmail.com

St. James Lutheran Church

5185 Castor Ave.
Philadelphia, PA 19124
215-743-1828
www.StJamesPhilly.com
Sunday Contemporary Worship Service 10:00am
Friday Night Youth Ministry
(1st-12th grade)
6:00pm-8:30pm

Services at Faith Assembly of God 1926 Margaret St

Sunday 11 A.M. and 6:30 P.M. Wednesday 7:00 P.M. Friday 7:30 P.M.



Our award-winning health plan has served Southeastern Pennsylvanians, like you, for more than 30 years. Now that's a plan you can trust!

To see if you qualify or to enroll in Health Partners, call PA enrollment services at 1-800-440-3989 (TTY 1-800-618-4225) or visit enrollnow.net.

*According to NCQA's Medicaid Health Insurance Plan Ratings 2017–2018





Health Partners Plans

HPPlans.com

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