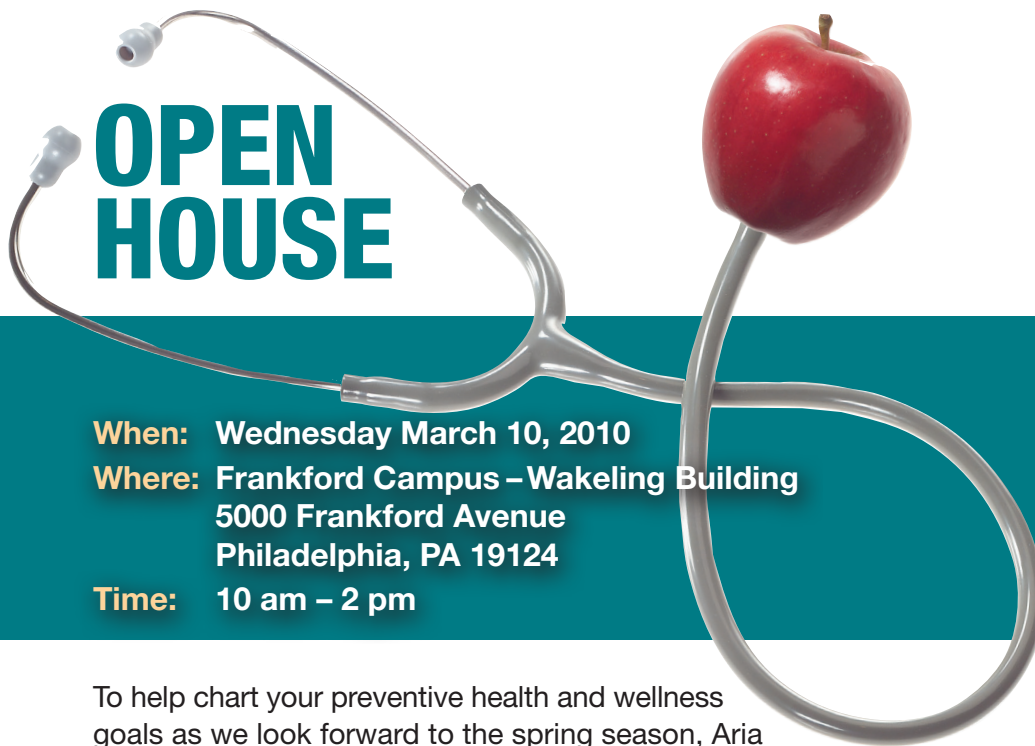


Aria Health – Frankford Campus Hosts Preventive Health & Wellness



When: Wednesday March 10, 2010

Where: Frankford Campus – Wakeling Building
5000 Frankford Avenue
Philadelphia, PA 19124

Time: 10 am – 2 pm

To help chart your preventive health and wellness goals as we look forward to the spring season, Aria Health's Frankford Campus will host a **FREE** open house at its Wakeling Building. Highlights of the event will include health screenings, wellness exhibits and healthy lifestyle information. We hope you can join us!

Featured Aria Health Education Resources:

- Dr. Anthony J. Abbruzzi, Internal Medicine
- Aria Health Center Clinic Services
- Diabetes Self-Management Program – “Meet the Diabetes Educators”
- Aria Health Nutrition Center – “Ask the Dietitian” and Body Mass Index (BMI) Screening
- Health Partners – Resources on Community Education
- Kidz Partners – Resources on Community Education

Healthy Lifestyle Information:

- Adult Vaccination/Preventive Screening Schedules
- Smoking Cessation Resources
- Diabetes
- Nutrition
- Cholesterol
- Hypertension

Health Screenings:

- Cholesterol
- Blood Pressure
- Body Mass Index (BMI)



For more information, please call Aria's Preventive Health & Wellness Program at **215-612-4576**.

CHAIR MASSAGE • REFRESHMENTS • GIVEAWAYS