# The Frankford Gazette

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Happy Holidays

# **Health Partners** Plans

www.FrankfordGazette.com

Vol. X, Issue 3—October/November 2019

# "River Never Smooth"

By Pat Smiley

#### We all believe in love!

There's all kinds of love - love for our family members, love for friends, even degrees of love. We look for a soul-mate; we label people as acquaintances, good friends, best friends and the ever popular, BFF! We need love; we won't thrive without it.

When I was 5 years old, I was a flower girl for my Aunt Cass's wedding. As I knelt in the first pew of the Church, I thought she would go to a Castle and we would never see her again. Her life would be a fairytale. I can tell you it was not as she lost her husband while she was pregnant with their third child.

Some very hurtful and even deadly things happen in the course of love. It's the latter we're going to talk about. This is not your typical Christmas feel-good-story but we need to be aware that people we know and even those we think we know may be experiencing physical, emotional and other types of abuse all in the name of love!

Fiona Harewood can tell you about this - she has been there herself. Putting her experiences and her efforts towards regaining her own personal power and self, she has written a new book to help others. Her story is so compelling and important, we, at The Frankford Gazette are helping her to pre-launch her book, "River Never Smooth - Reclaiming Power After Abuse".

A current resident of Juniata, Fiona also is a member of a local Church here in Frankford. She comes to us from the country of Guyana, officially a "Co-operative Republic", South America. The northern bor-Ocean. Guyana is the only country



Fiona Harewood

in South America where English is the official language. She would also live for a time in Barbados until 2001 when she came to the United States.

wrote, "I DID IT ... You Can, Too", and in it, Fiona challenges "drop outs to become dreamers". She knows what she's talking about she was a failure during High School, completing only one CXC (Caribbean Examination Council) in English Literature. Once she arrived in the United States and had to clean homes to make ends meet, she knew her way forward would be to finish her education. At 44, she returned to school and after 3 1/2 years, graduated magna cum laude with a degree from Pierce in Paralegal Studies. Another 18 months and Fiona completed the work necessary to receive a Masters in Public Policy from Drexel University. Kudos to you, Fiona. Her education would serve her well. She then wanted to enlocated on the northern part of courage others who, for one reason or another, did not complete their der of Guyana is the Atlantic education. Also, she wanted to encourage those students already in

ken at schools and other organiza- mestic violence and abuse. You tions sharing the wisdom that she can't do this alone. Sometimes, it has earned and learned.

book about to be released. In "River Never Smooth - Reclaiming Power After Abuse", Fiona is once again sharing her own personal story that is also a national issue affecting millions. In speaking with Fiona, she shared with me the following facts. Did you know that nearly 1.5 million high school students nationwide experience physical abuse from a dating partner in just one single year? Or that more than 12 million men, women and children are affected by varying forms of abuse over a year? Abuse has many types, not just physical. There is emotional, mental, sexual and financial abuse just to name a few. Also, we know that there is not just one type of abuser or one gender alone responsible for such

This is not her first book. She also In her book, Fiona uses her storytelling abilities to illustrate for us what abuse can look like and why some people don't even feel they're being abused. In telling her story, Fiona has structured "River Never Smooth" into 4 parts.

> Part 1 is "Bad Choices" that many of us make. We have family and friends who try to tell us but do we at least consider what they have to say? This is so important for our teenagers and young adults who need to understand that people who try to point them in the right direction care and are only trying to help. It is very important to listen and learn from other people's experience as opposed to living their tragic circumstances. We must be ready to accept that this is an abusive relationship and be ready to change it. This can take a long •

Part 2 tells us about "Starting Over" and this is where friends and

school to stay there. She has spo- families can help victims of dorequires much more than empathy. If we truly want to help someone Which brings us to her newest "escape" their situation, we need to be ready to help them financially, and otherwise, until they can get back on their feet. We know that, especially in the case of women, the choice is to stay with an abuser because of financial needs.

> Part 3 explains to us that "Repeating Mistakes" is something that will happen. It takes time, practice and real awareness to choose those who are worthy of your trust and your love. Once you've been hurt, literally, it will be a while before you will see as clearly as you need to when choosing friends or partners.

> Part 4 leads us to "The Decision and Getting It Right". Hopefully, you will be stronger by the time you get there and experiencing a sense of power. No matter how many times we have failed or given love to people who will end up hurting us, there is one who truly does loves us unconditionally and that is God. You have got to rely on God's help for strength, for the commitment you need not to be drawn into what is almost a second nature - putting others first. This is about you and what is best for you! Surprising as it may seem, you must also forgive your abuser before you can fully heal. Overall, after reading "River Never Smooth", you will:

- Identify abuse and know how to deal with it:
- Know when to move on;
- Live a life free of regrets; and
- Rise above your circumstances and emerge an overcomer.

(Continued on page 2)

# Frankford Heroes

I started researching Frankford Heroes back in 2014. The Heroes are the 142 Frankford soldiers and sailors who died in service to their country from the Civil War to the present day. I never realized there would be that many. Their names are listed to the left on page 3. Also, on that page are the over 40 Veterans of the Month that have been featured in the Frankford Gazette. All are in the book.

They are all heroes. The only difference is that some were lucky enough to come home.

If you have a Veteran in your family or someone who loves history, this book would be of interest. If you recognize any of the names listed, you will find out more. It will make a great gift this holiday season.

You can order online from Lulu.com if you want to pay by credit card. Just go to Lulu.com and search for Frankford Heroes. Buy a print book and get an eBook free with even more information.

Paying by check or PayPal, order directly from us and save on shipping costs. Email me at gil@frankfordgazette.com or call 215-847-5506 for more information.

# Bob Smiley





2019 Frankford adult turkey bowl, Thanksgiving Day. RED TEAM WON.. YELLOW TEAM LEFT THE FIELD...

(Continued from page 1)

#### "EMBRACE YOUR PAST, THEN TOSS IT!"

In conversations with her Mother, Fiona shared with me that her Mother once told her, "Your life reminds me of a river - a river never smooth". Fiona credits her mother with naming the book. For some people, that's so true. But, like Fiona, we can take that "never smooth river" and redirect it for our own good and to help others traveling that same river.

I feel that Fiona and her story is a very, very powerful one that needs to be told and heard.

There is a Global Launch Party on January 26, 2020. You can register for this Launch experience at the link below:

https://www.fionaharewood.com/river-never-smooth

Dating Abuse Statistics. https:// www.loveisrespect.org/resources/datingviolence-statistics/, Accessed October 13, 2019.

National Domestic Violence Hotline. Get the Facts & Figures. https:// www.thehotline.org/resources/statistics/, Accessed October 13, 2019.

# Pastors on the Move

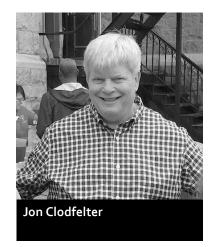
By Pat Smiley

Two Frankford pastors move to new assignments.

Donald McKinnie from the Mizpah Seventh Day Adventist Church on Paul Street and Jon Clodfelter from St. Mark's Episcopal church on Frankford Avenue have move on to new assignments after serving the people of Frankford.

They both were prominent in the community and active in feeding the needy and ministering to the spiritual needs of their congregations.

They are sorely missed! We will keep them in our prayers and ask that they do the same.





## 142 Frankford Heroes who gave their lives in service to their country

Allen, David P. Jr Allen, William Ashton, Alfred T.

Astbury, Thomas William Jr

Batt, Joseph Batt, William Baxendine, George Baxendine, William Bertolet, Benneville Welling-

Biddle, Thomas Edward Jr

Billyk, Walter Bissinger, John A. Blackburn, William Blanchett, Stephen Paul Blittersdorf, Charles Henry Jr Bolton, James

Bragg, George Lawrence Brinton, Walter Carroll Bryan, James K. P. Burk, James H.

Burrough, George Charles Butcher, James D.

Cantelly, Howard B. Carney, Rupert Carty, Nicholas J. Cassels, George H. Castor, Henry Castor, John W.

Chapman, Thomas D. G. Chipman, David

Clark, Joseph Herbert Clymer, Alfred Comber, David Wayne Cooper, Charles Henry

Coyle, Charles J. Coyle, Joseph Alexander

Crane, James Bartholomew Crocket, James

Daut, Charles William Deardon, Samuel

Decker, Warren John Jr Donnelly, James Donovan, Dennis George

Dowd, Thomas Joseph Dungan, Albert America Edgar, David Feaster Elliott, Charles Francis Evans, Lewis B.

Fairhurst, William Fairhurst, William Michael

Ferry, James Ferry, William J. Fischer, Theodore Lauer Foster, Leon Ralph Frey, George Edward Gibilterra, Charles J. Jr Gibson, John Jr Gilberson, John F.

Givens, Horace Gossling, Walter Bryan Jr

Gregson, George

Hafer, Adam Harmstead, James Harpel, Eugene David Jr

Hart, John Harvey, John Wesley Hegh, Eugene L. Jr

Higgins, Matthew Jr Hilt, Isaac Hilton, James Hong, Lewis C. Hope, William T. Hunt, Elijah R.

Johnson, Admiral Johnson, John Johnson, Joseph Johnson, William Kay, Robert

Keeley, Francis Kirkwood, Thomas Krull, Andrew

Lamon, Francis William Jr Laughlin, Thomas John

Layton, Charles Lesher, Lewis Lesher, Robert Leszczynski, John Jr Lever, George

Lynch, Frederick George Jr Mahan, Charles T.

Martin, Lawrence S. Martin, William McAteer, Raymond D. McClurg, Joseph T. McMullen, William McNally, Peter

Needham, Elmer J. Nelis, Edward

Neumann, William Wilkenson

Peel, William Charles Pierce, James

Pilling, Thomas Potts, David Price, Rudolph

Putt, George Frederick Randall, Sewell Ray, Robert Redding, Louis

Redman, Charles Harold Reynolds, William E. Rodgers, Samuel C. Russo, John

Savage, Daniel Joseph Schultz, Francis J. Shaw, Wallace Shipley, Eugene Paul Shuster, Michael

Sirman, Donald Stainthorpe

Smith, Almon Smith, Robert Sorensen, William R. Standing, Richard Stone, Thomas Jr Stott, John Stott, Thomas C. Swartz, Charles H.

Taylor, Amos Raymond

# Frankford Heroes

#### 2nd Edition

Small town patriotism in a Philadelphia neighborhood



Robert F. Smiley Richard W. Johnson

Taylor, John Tiano, Frank Vandergrift, Jesse Vanhart, George A. Vannatter, William A. Wilkinson, William Williams, Joseph D. Williams, William Wilson, Charles Howard Wilson, Lloyd Calveria Wilson, William C. Wilusz, Joseph George Wonderly, Charles H. Woosley, George Russell Wright, William H.

## 47 Frankford Gazette Veterans of the Month

Adams, Stanley Andrews, Larry Brantley, Jeffery L. Brantley, Leon Brantley, Leonard B. Brooks, Albert W. Brooks, James "mr. Hollywood" Clodfelter, Jon Cosby, Eric Elijah Cupit, Robert L. Donaldson, Don Figueroa, Pedro Fletcher, William Flowers-Travers, Donna

Fowler, Larry D. Gary, James Hairston, Clyde Lem Honesty, James L. III Jackson, Lawrence Clay Jaynes, Leonard E. Johnson, Junius A. Johnson, Richard W. Keith, Edward L. Lewis, Gregory L. Lewis, Guy D. Lewis, Nathaniel Madden, James McAvoy, Erin McAvoy, Thomas A. III McAvoy, Thomas A. Jr McCartney, James L. McGeehan, William "Bill" Sr Miller, Robert H. Prescott, Fred Randolph, Charles Jr Randolph, Robert C. Jr Rice, Walter B. Robson, Jim Sorendino, Jane Stephens, Leonard W. Taylor, Joseph Turner, Joseph W Turner, William Wilkins, Ronald Wilkinson, Karl A. Williams, Howard

Williams, Robert E.

# **Zoning Approved for Kinsey Street**

By Christine DeJesus

The Frankford NAC zoning meeting was held on November 7th at Second Baptist Church of Frankford. The following are the results:

**1827 Kinsey** Street - PERMIT FOR FIVE (5) FAMILY DWELLING (MULTIFAMILY DWELLING) IN AN EXISTING STRUCTURE. - **Approved** 



1827 Kinsey Street



**1921 Kinsey Street** - PERMIT FOR TWO (2) FAMILY DWELLING IN AN EXISTING STRUCTURE. - **Denied** 

4260 Tackawanna Street -SPECIAL EX-CEPTION FOR PERSONAL VEHICLE REPAIR AND MAINTENANCE (NO SPRAY PAINTING) WITH ACCESSO-RY STORAGE OF AUTO PARTS AND VEHICLES BEING SERVICED WITHIN AN EXISTING STRUCTURE WITH ALL OTHER USES AS PREVIOUSLY APPROVED. - Continued



There will be no Frankford NAC zoning meeting in December. The next meeting is scheduled for January 9th at 7 PM at Second Baptist Church of Frankford at 1801 Meadow Street.

Thinking about starting a new business, or looking to improve the one you have?

Join Frankford CDC and the Urban League of Philadelphia for a 6-week workshop series on the basics you'll need to get started off right. We'll cover business planning, marketing, financing, and more!

Registration opens Friday, Nov 22nd;

contact Ellie Vamos at evamos.fcdc@gmail.com or 215-743-6580 x105 to preregister.



## SCHOOL CROSSING GUARDS SORELY NEEDED

By Terry Heiser, Director, Northwood Civic Association

As of October 24, 2019, the 15<sup>th</sup> Police District had 107 school crossing guard posts, of which 21 posts were unfilled. Among the intersections that lack a guard is Large-Wakeling, where a vehicle passes every 4 seconds on average immediately before and after the former H. R. Edmunds School is in session. Some intersections, such as Castor-Dyre and Castor-Pratt, have been without a guard for longer than a year. Similar situations exist in other Police Districts in Philadelphia. To fill the unfilled posts, qualified applicants are sorely needed.

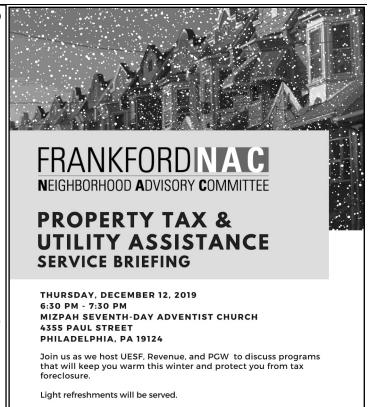
A school crossing guard position offers steady, secure, part-time work with benefits. Pay exceeds \$15 per hour. Guards work 7 to 9 a.m. and 2 to 4 p.m. when schools are open. As a civilian employee in the Police Department, a guard receives Civil Service benefits, such as paid time off (vacation and sick) and health insurance, and is eligible to earn retirement pay.

To qualify for training, an applicant for the position need not take a written test, but must undergo a physical examination, a drug test, background checks (for crime and child abuse) and a financial investigation (for money owed to the City of Philadelphia). Application is required to be done online.

To help reduce the shortage, the Northwood Civic Association has asked the 15<sup>th</sup> Police District to request that the Police Department increase advertising of open school crossing guard positions. Also, the Civic is encouraging residents to inform friends and neighbors of the need for qualified applicants. Most importantly, the Civic urges interested people to apply online as follows:

- 1. Go to joinphillypd.com/index.php/civilian-careers. Click on the green rectangle, which will take you to <a href="https://www.phila.gov/personnel">www.phila.gov/personnel</a>.
- 2. At the bottom of <a href="mailto:phila.gov/personnel">phila.gov/personnel</a>, under Quick Links at the bottom of the screen, click on Login / Create Account, which will take you to <a href="mailto:phila.peopleadmin.com/user/new">phila.peopleadmin.com/user/new</a>.
- On <u>phila.peopleadmin.com/user/new</u>, click on the dark green rectangle. Create the account. Next, under Quick Links, click on Job Interest Notifications, which will take you to <u>www.phila.gov/personnel/specs/JobInterestForm.html</u>.
- 4. On phila.gov/personnel/specs/JobInterestForm.html, type 6D44 in the Search rectangle, which will take you to a one-line description of Job 6D44, School Crossing Guard (B), including pay per day. Click on the 6D44 below Class Code, which will take you to <a href="https://www.phila.gov/personnel/specs/6D44.htm">https://www.phila.gov/personnel/specs/6D44.htm</a>, where you can view a detailed job description. Close the SCHOOL CROSS-ING GUARD tab at the top of the screen to return to the one-line job description. Click on the feather pen at the right end, which will take you to <a href="https://www.phila.gov/personnel/specs/JobInterestForm.html">https://www.phila.gov/personnel/specs/JobInterestForm.html</a>. Fill out and submit the Job Interest Form. Next, under Quick Links, click on Civil Service Job Opportunities, which will take you to <a href="https://www.phila.gov/personnel/jobs/CivilServiceJobOpps.html">https://www.phila.gov/personnel/jobs/CivilServiceJobOpps.html</a>.
- 5. On <a href="https://www.phila.gov/personnel/jobs/">https://www.phila.gov/personnel/jobs/</a> <u>CivilServiceJobOpps.html</u>, click on Job Opportunities to see whether Job 6D44, School Crossing Guard (B), is listed as currently open. When an opening is announced, the City of Philadelphia will notify you via the email address that you provided on the Job Interest Form.

For questions about the hiring process, interested people are advised to call Captain's Clerk Maureen Wharton of the 15th Police District at 215 -686-3150. Ms. Wharton is a former school crossing guard.



UES CITY OF PHILADELPHIA DEPARTMENT OF REVENUE

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Frankford NAC is funded and supported by the Division of Housing and Community Development





# RIVER NEVER SMOOTH Reclaiming Power After Abuse Global Pre-Launch Experience & Launch Party



Fiona Harewood, author, speaker, and life coach, having triumphed over abuse, believes her voice will help many abused victims find the strength needed to rise above their circumstances; challenge those who have never walked that road to steer clear of abuse and abusers, and equip family members to help loved ones who are struggling in abusive relationships.

#### WHO is invited?

YOU, of course, and anyone needing to find healing from abuse and domestic violence.

#### WHAT?

Releasing Upcoming Book, River Never Smooth

— Global online pre-launch experience via private
Facebook group, to culminate in a Global
and in-person Launch Party. Expect fun, gifts,
surprises, live webinars and more.

Pre-Sale Release Date: Approximately December 15, 2019 Publication/Release Date: January 19, 2020

#### WHEN?

Sunday, December 22, 2019 - Saturday January 25, 2020: Global Pre-Launch Sunday January 26, 2020: Global online and in-person Launch Party From: 2:00 PM -4:00 PM (Eastern Time)

#### WHERE?

Private Facebook group: Global Pre-Launch Global Launch Party (in-person) Friends Free Library 5418 Germantown Avenue, Philadelphia, PA 19144

#### WHY?

Because life is short and fragile. You need to live it as God intended. Because you can be instrumental in turning someone's life around.

Because abuse knows no boundaries and is common among rich and poor, old and young, black and white... You may have never experienced abuse but we all know someone who has.

Register for this Launch Experience https://www.fionaharewood.com/river-never-smooth Telephone: 215-280-5109 Email: fiona@fionaharewood.com Be among the First 10 to register and claim your gift.

## St. Thomas United Methodist Church

4701 Tackawanna street Rev. Carlos M. Carrero, Sr. Sunday morning bible school 10 AM Morning worship 11 AM 215 744-2738

# Word of Faith Evangelistic Church

Pastor Siretta Humphrey Bishopn Stephen Humphrey 1400 Orthodox Street 267-248-0017

Weekly Services: Sundays, Praise & Worship Services 11am Wednesdays, Pray & Bible Study

## **Makes No Difference**

When your candle flickers out, there's nothing more to be said. When your candle flickers out, all the good, the bad, and the sad, there's no time to straighten out.

When your candle flickers out, you think you left a legacy behind, but all you left was the dash. The dash stands for the beginning and the end, when your candle flickers out.

One day your candle was burning bright,
but now the candle's out.

It doesn't make a difference of how good or how bad you've been,
it still comes down to the dash.

It is your beginning and your end,
and now the candle's out.

by Lenny Jaynes

## **About the Frankford Gazette**

Keep the Faith in Frankford publishes the Frankford Gazette. This is a print edition of some of the articles available online. We cover the Frankford neighborhood in Philadelphia. Go to www.frankfordgazette.com to get full details.

Editor: Bob Smiley; Associate Editor: Pat Smiley, Veterans Affairs: Richard W. Johnson, IT Director: Jim Smiley, Printing by Health Partners Plans.

You can receive Frankford/Northwood news and event information by text message sent directly to your cell phone. Text the word JOIN to sms+659@telefio.com.

Interested in writing for Frankford's community newspaper? Email contrib@frankfordgazette.com or call (215) 847-5506. Want your event on the community calendar? Email events@frankfordgazette.com or call (215) 847-5506 Publication date is the 20th of each month. Events and ads are due by the 14th.

Distribution locations: Frankford CDC - 4667 Paul St., S&A Dry Cleaner - 4935 Frankford Ave., Rep. Dawkin's Office - 4667 Paul Street, PA Auto Insurance Outlet - 4901 Frankford Ave., Lee Brothers Deli - Harrison St. & Frankford Ave., Lowi's Market - 4801 Frankford Ave., Peter Bressi N.E. Senior Center - 4744-46 Frankford Ave, Taha Barber Shop - 4665 Frankford Ave., Meadow House - 4649 Paul Street, Frankford Library - 4634 Frankford Ave, Frankford Ave, Frankford Friends School, Northwood Academy Charter School, Marshall School, Gambrel Recreation Center, McIlvain Recreation Center, Simpson Recreation Center, Boys and Girls Club, Great Awakenings Cafe - 1466 East Cheltenham Ave. Campbell AME Church 1657 Kinsey St., St. Marks Church 4442 Frankford Ave., 2nd Baptist Church 1801 Meadow St., All Star Kids Learning Factory 4654 Frankford Ave., Sen. Tartaglione Office 1061 Bridge St., American Legion POST 224 2006 Orthodox St.

# Coming Up in Frankford

**Historical Society of Frankford** - 4278 Griscom Street - Presentation Tue, December 10, 7:30pm – 9:00pm, Historical Society of Frankford, 1507 Orthodox Street - Neighborhood Advisory Com-Local Shipyards Presented By Dan mittee Meeting - Thu, January 9,

PROPERTY TAX & UTILITY ASSISTANCE Day Adventist, 4355 Paul St.

Frankford, 4442 Frankford Ave. -Event to celebrate and encourage fellowship. [Doors open at 6:30] those in recovery as well as those who support them. This free event is complete with live music, dessert fare, and positive uplifting Historical Society of Frankford, fellowship. [Doors open at 6:30]

Northwood Civic Association Meeting - Tue, December 17, 7pm, Simpson. Recreation Center, January 15, 2020, 6:30pm 1010 Arrott St.

15th Police District PSA1 Meeting - Thu, December 19, 7pm, Jefferson Frankford Hospital, 4900 Frankford Ave.

nity Meeting - Mon, December 23, 7pm, 2900 St Vincent St.

**Town Watch Meeting** - Thu, Jan- or 215-743-6580 x105 to preregisuary 2, 2020, 7pm, St Mark's ter. Church Frankford, 4442 Frankford Avenue.

Museum Open House - Sun, Jan- Frankford Ave. uary 5, 2020, 12:00pm - 3:30pm,

at 1:30 PM:

2020, 7pm, Second Baptist Church of Frankford, 1801 Meadow St.

SERVICE Recovery Café - Fri, January 10, BRIEFING - Thu, December 12, 2020, 7pm, St Mark's Church 6:30pm - 7:30pm. Mizpah Seventh Frankford, 4442 Frankford Ave.-Every 2nd Fri of every month. St Mark's Church, Frankford hosts a Recovery Café - Fri, December Recovery Cafe. This Coffeehouse 13, 7pm - 9pm, St Mark's Church Event to celebrate and encourage those in recovery as well as those Every 2nd Fri of every month. St who support them. This free event Mark's Church, Frankford hosts a is complete with live music, des-Recovery Cafe. This Coffeehouse sert fare, and positive uplifting

> **Historical Society of Frankford** - Tue, January 14, 2020, 7:30pm, 1507 Orthodox Street

Start-Up Business Cohort - Wed, 8:30pm, 4667 Paul St. - Thinking about starting a new business, or looking to improve the one you have? Join Frankford CDC and the Urban League of Philadelphia for a 6-week workshop series on the basics you'll need to get started Police District Advisory Commu- off right. We'll cover business planning, marketing, financing, and more! Registration opens this Friday, Nov 22nd; contact Ellie Frankford Civic Association and Vamos at evamos.fcdc@gmail.com

15th Police District PSA1 Meeting - Thu, January 16, 2020, 7pm, Grand Army of the Republic Jefferson Frankford Hospital, 4900

# Frankford Library School Age

#### **Preschool Storytime**

Every 1st Tuesday of the month at 11:00 a.m. Oct 1,8,15,22,29, Nov 5,12,19,26, Dec 3,10,17,24,31

#### PJ Storvtime

Ages 3-6 (older and younger siblings are welcome) Bring your stuffed animals or blanket and listen to a book before bed Every 1st Wednesday of the month at 6p-6:45p. Oct 2,9,16,30, Nov 6,13,20, Dec 4,11,18

# Saturday Morning Cartoon Storytime and Movie with Morris Mon-

Ages 3-6 (older and younger siblings are welcome). Enjoy silly stories and cereal before getting your Saturday started. Select Saturdays. Starting at 11am. Oct 5,19 Nov 2,16, Dec 14

## Adults/Teens

#### **Teen Third Thursdays**

Come have fun doing various activities and games. Teens Only Every 3rd Thursday of the month at 4:30pm. Oct 17, Nov 21, Dec 19

#### FRK Fitness

Get fit and have fun with Frankford Staff. Adults and teens welcome. Every 3rd Monday. 5:30p-6:30p Oct 21, Nov 18, Dec 16

#### Computer Assistance w/DRS

Resume Help: Oct 1, Nov 5, Dec 3 (1st Tues) 12p-1p Job search/Apps: Oct 8, Nov 12, Dec 10 (2nd Tues) 12p-1p E-Gadget Help: Oct 15, Nov 19, Dec 17 (3rd Tues) 12p-1p Internet/Email: Oct 22, Nov 26, Dec 24 (4th Tues) 12p-1p

#### Laptop Open Lab w/DRS

Use laptops for an extended period with assistance from DRS. Select Fridays. 12p-2p. Oct 25, Nov 8, 22, Dec 6

#### Intro to PowerPoint

Learn an introduction to PowerPoint with instruction from DRS. Saturday, Nov 9. 12p-2p

## Services at St. Mark's Episcopal Church

4442 Frankford Ave.

**Main Worship Service** 10 AM Sunday

# Northeast Baptist Church

4744 Tackawanna Street

Service at 11:00 AM Sunday

## Padre Pio Prayer Center

Chapel corner of Griscom and Church Sts. Mass 730 AM Tues, Wed, Thurs Mass: 700 PM Monday and Wednesday Mass: Saturday 800 AM (Spanish)

Chapel open for private prayer Monday through Friday from 7 to 9 PM

## **Campbell AME Church**

1657 Kinsey Street Church Office: 215-288-2748 Email: campbella.m.e.frankford@gmail.com

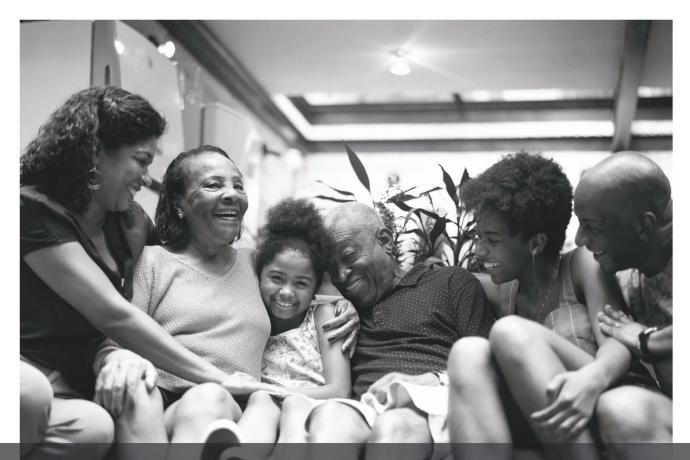
### **Relevance Community Church**

5185 Castor Ave. 215-743-1828

RelevancePhilly@gmail.com Sunday Contemporary Service 10 am Youth Ministry (1st-12th grade) Fridays, 6 pm—8:30 pm Addictions Meeting Tuesdays, 7-8 pm

### Services at Faith Assembly of God 1926 Margaret St

Sunday 11 A.M. Wednesday 7:00 P.M. Tuesday-Thursday 12 Noon



# Your health. Our focus.

Our health plan has served Southeastern Pennsylvanians, like you, for more than 30 years. Now that's a plan you can trust!

To see if you qualify or to enroll in Health Partners, call PA enrollment services at 1-800-440-3989 (TTY 1-800-618-4225) or visit enrollnow.net.

**HPPlans.com** 



**Health Partners** Plans